



Raising Together Inc
Inclusion, Empowerment, Success

Age- Appropriate Goals Matter



In ABA therapy, it's important that goals reflect your child's **age, interests, and everyday life**. Even when a child has developmental delays, we can still focus on skills that help them feel confident and independent at home, school, and in the community.

Age-appropriate goals for children and teens:

1. Build real-life independence
2. Strengthen social and emotional skills
3. Stay motivated with meaningful tasks
4. Prepare for the next stage of development

Tips

Some examples for older children and teens include:

hygiene routines, organizing school materials, peer interactions, emotion regulation, and simple community tasks like ordering food or making a small purchase.

If you're unsure whether your child's goals fit their age and needs, I'm always happy to guide you.

♥ ABA services available:

- ABA Therapy
- Parent Coaching
- School Observation & Collaboration
- Behavioral Assessments & Plans

📍 Serving Miami, Broward & Palm Beach County

📞 786-376-7088

🌐 <https://raisingtogetherautism.org/>

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